



MENU

9 Brunswick Road, Penrith, CA11 7LU. Telephone orders welcome (01768) 744240

BAGUETTES, WRAPS AND JACKET POTATOES

CHEESE & CHUTNEY	£2.70	TUNA SAVOURY	£2.80
MED VEG & HOUMOUS	£2.70	CHICKEN, HAM & PARMESAN	£2.90
BRIE & TOMATO RELISH	£3.00	HAM & MUSTARD	£2.70
ROASTED MED VEG, FETA & PESTO	£2.90	HAM & COLESLAW	£2.80
EGG MAYONNAISE & SUNDRIED TOMATOES	£2.70	CHEESE & MR VIKKI'S NIGELLA CHUTNEY	£2.70
SMOKED SAUSAGE & RED ONION MARMALADE	£2.80	GOATS CHEESE, HONEY & WALNUT	£3.50
CHICKEN AND BANANA HABANERO MAYO	£2.80	CHILLI CHICKEN & SUNDRIED TOMATOES	£2.80
HAM & CHEESE	£2.80	WENSLEYDALE CHEESE & COLESLAW	£2.80

OTHER LUNCHTIME OPTIONS

HEALTHY OPTIONS – SERVED WITH CRISPBREADS/RICECAKES AND SALAD

CHICKEN & SUNBLUSHED TOMATOES	£4.50	MED VEG & SMOKED HOUMOUS	£4.50
EAT IN WITH CRISPS AND SALAD	£5.25		
GREEK SALAD & PITTA BREAD	£4.50	SIDE SALAD	£1.50
SWEET POTATO WEDGES WITH EITHER SMOKED HOUMOUS OR CHILLI MAYONNAISE			£2.50 / £3.25
SOUP OF THE DAY WITH A HOMEMADE ROLL (ASK US WHAT WE HAVE)			£2.50 / £3.25

CAKES AND TRAYBAKES

FRESHLY BAKED SCONE £1.00 / BUTTER JAM	£1.75	MOST TRAYBAKES	£2.00
LARGE CAKE (E.G. CHOCOLATE GUINNESS)	£2.50	MACAROONS	£1.50

DRINKS

FARRER'S TEAS AND COFFEES, AND OUR DARK CHOC HOT CHOCOLATE TO TAKE AWAY £1.70 – £2.50

**BUFFETS AND LUNCHESES CATERED FOR
FRESH FLOWERS BY LAURA FOR ANY OCCASION**

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9 Brunswick Road, Penrith, CA11 7LU. Tel (01768) 744240. Website www.greenwheat.co.uk*